

Sherwood Middle Academic Magnet School

Enrichment Club Groups
2018-2019



Where Excellence *is* the Standard

4H Enrichment Club Group (FEE \$5.00 club dues and \$5.00 supply fee)

The 4-H Club is grounded in the belief that children learn best by doing. Members will complete hands-on projects in areas like science, health, agriculture and citizenship, in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Members will also have the opportunity to participate in programs outside of school such as cooking contests, camp, shooting sports, livestock shows, beekeeping and backyard buddies. All 4-H programs include mentoring and career readiness as core elements.

3D Printing

Students will learn to use online CAD (computer-aided design) program to create 3D prints. They will use computer science skills and technology to create amazing 3D projects.

A Cappella Club

Students will learn the skills to be a strong, confident vocalist. Students will learn, practice, and perform songs in front of an audience of their peers. All components of music will be taught, including music theory, vocal technique, and performance practice. Students will gain performance experience that will give them the confidence and skills to continue with vocal music opportunities at a high level throughout high school and beyond.

Aerobic Dancing

Aerobic dancing is a physical fitness program that offers complete and effective conditioning. It tones and strengthens all body muscle groups. It conditions your heart, lungs and blood vessels by demanding that this internal, life supporting system be strengthened through healthy use. Most importantly, this fitness program is fun and challenging. It is a combination of dancing for the fun of it, and dancing for more energy every day.

Audubon Connection (FEE \$5.00)

The purpose of the Audubon Connection club is to allow older students an opportunity to develop their critical thinking and tutoring skills by helping younger students complete STEAM challenges and science experiments. This club is also meant to encourage younger students to think critically, develop leadership skills, team building opportunities and generate design ideas.

Best Buddies

Group members will serve as role models, leaders, and buddies for our community based students throughout the year. Members will have fun completing activities together and developing new friendships.

Bon Appetit Gourmet Club (FEE \$20.00)

We will be cooking foods from various francophone countries, introducing the students to the likes and habits of “worlds” other than their own. They must cook the food themselves in groups and we culminate in an individual cookbook to take home. Concepts practiced are mainly working together, math, and understanding of cultures different from ours. The Cultural Strand of Foreign Language Learning as defined by the American Association of Foreign Language Learners will be a focus in this class.

Book Club (FEE \$5.00)

We will be reading and discussing novels. At the first club meeting, students will be given a list of books for each month so that they can be ready to discuss what they have read. The student will need to be able to get their own copies of the books on the reading list.

Book Talk (FEE \$20.00)

The students will all read the same book and have discussions about certain chapters at each meeting. Among discussions, the students will create and participate in activities ties to the book that is being read. There will be a \$20.00 fee to supply the books, snacks, and outside materials for activities.

Comic Con (FEE \$10.00)

Sherwood Comic-Con is a gathering place for proud nerds and geeks! We will analyze graphic novels, play logic and strategy games, compare and contrast the latest in fandom media. If you like anime, sci-fi and fantasy, and general fanboy/girl stuff, you are sure to love it!

Cultural Dance Club (FEE \$20.00)

The Cultural Dance Club is an aerobic fitness club that will feature various styles of music and dance from countries around the world. Students will be exposed to cultural diversity, while learning rhythm, choreography, and physical fitness. Students will also be expected to create, perform, and teach choreography of their own to the other club members. In addition to the fun and fitness benefits of this club, exercise has been scientifically proven to change the brain to improve memory and thinking skills.

Flag Football

Students will compete in a flag football season with a playoff bracket at the end of the year. Each club day will consist of a team planning period called “Chalk Talk” where plays are drawn up by the team members. At the conclusion of the chalk talk period, each team will work through a flag football fitness routine that will help reduce injuries and increase their overall flag football fitness levels. Games will be played at the conclusion of the warmups and scores will be kept.

KPOP Club (FEE \$5.00)

KPOP is a new sensation of pop music sweeping the world. It is Korean POP. Students will focus on the popularity of this music and broaden their studies of Asian cultures. The students will listen and watch some of the KPOP groups, learn basic Korean language, taste some Asian cuisine, and study the traditions of Asian culture. Many students who have expressed an interest in this group will be able to bring and share their family traditions with us.

LaCrosse Anyone?

Students will learn or review about the history of lacrosse, skills, and participate in modified lacrosse games. Students will have fun learning a new sport.

Let's Think Logically (FEE \$10.00)

Can you use logic and problem solving skills across content areas to solve logic problems? Let's think logically and solve problems. 6th grade only.

Literary Magazine (FEE \$5.00)

The Literary Magazine Club is for students who are interested in writing, publishing, and the visual arts. Students in this club would spend their club time writing poetry and/or other kinds of material; reviewing the written works and artwork/photography of classmates that have been submitted; proofing and editing the selections; determining which submissions will be included in the publication; and helping with typing and formatting. There may be a few after school meetings in the spring semester when it is close to publication time. Students in this club should have good English/writing skills and be disciplined about meeting deadlines.

ME Time (Meditative Art) (FEE \$10.00)

Are you ready to switch off your brains from other thoughts and focus only on the moment, reduce anxiety and increase self-esteem? Are you ready to live in the moment and put everything else aside for the hour you spend in our club? Let's relax and train our brains to make us more efficient, logical, and mentally stronger. We will lower our heart rate, increase our confidence and change our brainwaves. If this sounds like fun, and you are ready to explore your artistic side, come join us so you can see the most amazing things occur.

Middle School Dribble

Students will learn the history of basketball and how it relates to middle school. Let's have fun playing and learning about basketball. **(Boys only)**

Mind, Body, and Spirit (FEE \$20.00)

This girly club promotes self- wellness through learning about a healthy lifestyle including fitness, fun, and food! Some activities will include lessons on how to be a young lady with manners, exercise for life with yoga, dance, and tennis, and fashion and accessories with jewelry making and crafting. Be the best you that you were made to be!

Mind Puzzles

Work on brain teasers such as sudoku, crossword, logic puzzles, memory games and other thought provoking activities. Improve your problem solving skills while having fun.

Money Management

Students will learn different ways money is used in everyday life. This will help them to utilize life skills that involve money that are not necessarily taught in school.

Paper Planes, Kites, and Aerodynamics

In this club we will study the aerodynamics of flight and discover how to incorporate this understanding into the engineering of paper airplanes and kites. Students in this club will create paper airplanes with a focus on different attributes such as distance and hangtime, and identify how aerodynamics, construction, and materials can affect these attributes. We will also bring in kites to better understand wind currents and lift. Students in this club will be expected to engineer paper airplanes and compete with one another to see who can make their plane fly further or longer than anyone else.

Pinterest Club (FEE \$20.00)

Will it be a #PinterestFail or a #PinterestWin? We will never know until we try! In this club, we challenge all of our members to get creative and passionate through various crafty projects. These tasks will include community service projects for our school, teachers, and staff, and are themed with all academic subjects in mind, so there's sure to be a craft for every interest. From letter writing, to STEM creations, we have two projects each month that challenge students to utilize what they are learning here at school, to make household items for the families at home. Pinterest Club is for all of our guys and gals at Sherwood who enjoy a good, creative challenge. If scrolling through Pinterest is already a hobby of yours, this is certainly the club for you.

Serve Up Some Fun

We will work on skills needed for excellence in volleyball for both **boys and girls**. We will explore the history of volleyball and apply skills across the curriculum.

SMAMS Guitar, Ukelele, and Violin Club (FEE \$5.00)

SMAMS Guitar, Ukelele, and Violin Club is a variant of former music clubs at Sherwood. Students will be led through the foundations of playing music individually and collaboratively, as we traverse multiple genres of music. This club will help students build confidence, public speaking, teamwork skills, problem solving, as well as give them an Anthropological appreciation of musical diversity. This club will help students reinforce concepts taught in Science, Mathematics, Choir, Band, and Orchestra. You must have your own instrument.

STEM Garden Club (FEE \$20.00)

Students will design, construct, plant, maintain, and harvest a school garden. We will learn about sustainability, nutrition, local agriculture, careers, and the science of

gardening. We will host food tastings and be visited by members of the community. Come grow with us!

Student Council (FEE \$10.00)

Student Council is an organization designed to give students leadership experience. Come join us if you want to work with the faculty and administration to help keep SMAMS an awesome place.

Up-Cyclers

This club is for environmentally conscious artists and inventors. We will read about the growing problem of plastic waste and the plastic waste spot in the Pacific Ocean. We will research ways to slow down the amount of plastic waste entering the environment. We will use our engineering, arts, and marketing skills to up-cycle plastic “trash” into useful new items. Club members will sell these items to raise awareness of this serious environmental problem and money for the visual arts department at art shows and events.

Whiz Kids (FEE \$5.00)

Think you are the smartest kid at SMAMS? Put your knowledge to the test and compete against other students in this one of a kind trivia club.

Write Your Own Children’s Book (FEE \$5.00)

Do you like stories and have an overactive imagination? Join this club and spend each month developing and illustrating a children’s story. Students will read finished books to elementary students, and the books will be displayed in the library.

Yoga In Middle School (FEE \$25.00)

Students will learn the basic foundations of yoga movement and participate in yoga flows. Students must furnish their own mat. We will explore the background of yoga and apply techniques to everyday life. Yoga will focus on releasing stress and test anxiety. We will reteach yoga concepts to children at a local elementary school.

Young Astronauts (FEE \$25.00)

We will combine math, science, and the love of space. Students will complete experiments and projects from NASA. This also includes field trips.

Young Writers Club (FEE \$5.00)

Writers will be challenged to express themselves creatively while developing their craft. Come write with us!

