

SHERWOOD MIDDLE 2019-2020 ENRICHMENT CLUBS

A Capella Club

Sponsor(s): Eaves

Students will sing, dance, play instruments, and play music games that allow any level of musician (beginner to master) to experience and enjoy music.

Aerobics & Line Dance

Sponsor(s): Murray

Aerobics has been around for a long time. But "aerobics" as a popular type of exercise activity became the fitness movement for many people. Come and learn the different types of line dances. Hope to see you soon.

Aerodynamics of Paper Airplanes

Sponsor(s): Wheeler & Nauck

Students will learn folding techniques to create a variety of paper airplanes, from long-distance gliders to darts. They will study the aerodynamics of how different techniques affect the flight of the paper airplane, and apply that understanding to their own papercraft. There will be plenty of hands-on work in this club. Students prone to paper cuts be weary.

Basketball Club

Sponsor(s): Callihan

Students will play basketball and learn the value of teamwork.

Best Buddies

Sponsor(s): Johnson,

Group members will serve as role models, leaders, and buddies for our community based students throughout the year. Members will have fun completing activities together and develop new friendships.

Board Game Club

Sponsor(s): Trigg

Love Connect 4, Uno, Clue or other classics? Play them with your friends here.

Card Games

Sponsor(s): Porter

We'll play card games. Uno, rummy, ERS, slap jack, or any other card games.

Cubing with Khallaf

Sponsor(s): Khallaf & Maples

Use logic and reasoning to solve a variety of cubes, Rubik's included.

Cultural Dance Club

Sponsor(s): Daniels & Self

The Cultural Dance Club is an aerobic fitness club that will feature various styles of music and dance from countries around the world. Students will be exposed to cultural diversity, while learning rhythm, choreography, and physical fitness. Students will also be expected to create, perform, and teach choreography of their own.

Disney and Classic Literature Club

Sponsor(s): Keys

Each month we will compare a classic Disney movie to the original classic piece of literature that inspired it. Which story has a better plot? Which characters are more realistic? Did Disney do it better?

Entrepreneuership Club

Sponsor(s): Collier & Georgiev,
along with Pearce Cinman, MBA, MPA
Dept of Business, BRCC

Got a great business idea or invention? Want to get that moolah (money)? Well, you need to learn how to start your own business! This club is your opportunity to spill the tea and discover new ideas. This is your time to shine with your best creativity. Okumrrrttt!!!

Falcon Yogis Yoga Club

Sponsor(s): Hanson

Students will learn basic yoga movements in addition to learning partner yoga movements and how to teach story-time kids yoga. Students will have the opportunity to visit local elementary schools, museums, yoga studios and parks to participate in themed yoga classes. The benefits of a yoga practice include increased flexibility, balance, coordination and strength as well as making new friends, building confidence, and feeling nurtured and loved. Yoga is excellent for stress-relief and as a form of athletic exercise. Yoga mats are provided. Wear comfortable stretch clothing and bare feet. Get out of your comfort zone and into the zen zone!

Flag Football

Sponsor(s): C. Randolph & Pizzo

Learn rules and proper techniques for playing flag football.

Girls Who Code

Sponsor(s): Wrzesinski

Hey girls! You can code! Yes, YOU! As a member of Girls Who Code, you will join a safe and supportive environment of peers who aspire to be computer scientists. You will learn the concepts of loops, variables, conditionals and functions that form the basis for all programming languages. You will use your new skills to design a computer science impact project solving real world problems that matter to you.

K POP

Sponsor(s): Berthelot

Enriching student appreciation for Asian culture through pop music. Club meetings will consist of viewing KPOP videos, food, KPOP games, and Asian culture.

LA Envirothon Team

Sponsor(s): Daigle

I would like to work with a team that would be prepared to compete in the LA Envirothon at the end of the school year. It involves a good bit of research and preparation. Club time would be a perfect opportunity to gather to organize, delegate and keep research on track.

Literary Club

Sponsor(s): Parkerson, Decuir & Frye

Fee: \$8. The Literary Club will complete a book or poem based activity/craft each meeting. Students are also invited to bring the book they are currently reading to read from during club time. We will also write reviews for some of our favorite books. This club provides a calm, peaceful atmosphere for those students who prefer to have some quiet, relaxing time away from the noise and stress of daily life.

Literary Magazine

Sponsor(s): Poche & Williams

Literary Magazine is an organization in which students will help create a publication of student writing, art work, and photography. Members will gain experience in editing, graphic design/layout, and, of course, writing. They will also improve their typing skills, and learn to work together to meet deadlines.

ME Time (Meditative Art)

Sponsor(s): Buras

Are you ready to switch off your brains from other thoughts and focus only on the moment, reduce anxiety and increase self-esteem? Are you ready to live in the moment and put everything else aside for the hour you spend in our club? Let's relax and train our brains, to make us more efficient, logical and mentally stronger. We will lower our heart rate, increase our confidence and change our brainwaves. If this sounds like fun, and you are ready to explore your artistic side come join us so you can see the most amazing things occur.

Pep Club

Sponsor(s): Gosserand & Daigle

Learn cheers and chants!

Pinterest Club

Sponsor(s): Owens, Graham, Varnado & Hines

Fee: \$15. Will it be a *PinterestFail or a *PinterestWin? We will never know until we try! In this club, we challenge all of our members to get creative and passionate through various crafty projects. These tasks will include community service projects for our school, teachers, and staff, and are themed with all academic subjects in mind, so there's sure to be a craft for every interest. From letter writing, to STEM creations, we have two projects each month that challenge students to utilize what they are learning here at school, to make household items for the families at home. Pinterest Club is for all of our guys and gals at Sherwood who enjoy a good, creative challenge. If scrolling through Pinterest is already a hobby of yours, this is certainly the club for you!

Playwriting

Sponsor(s): Russ & Gipson

Students will learn the necessary components for putting together a script and will ultimately write their own 10-minute plays.

Sherwood 4-H

Sponsor(s): Lyle & Hinyard

Fee: \$10. This school based 4-H (Head, Hands, Heart, & Health) Program will: give students Hands-On opportunities with STEM related activities; empower young people to be well-informed citizens who are actively engaged in their communities and the world; provide students with the resources to participate in enrichment opportunities including: archery, camping, livestock, and Young Leaders; be Sherwood's Earth Day Ambassadors; and facilitate activities with Audubon Elementary Students.

Sherwood Comic-Con

Sponsor(s): Rizzuto & Tonguis

Fee: \$5. Sherwood Comic-Con is a gathering place for proud nerds and geeks! We'll analyze graphic novels, play logic and strategy games, compare and contrast the latest in fandom media... If you like anime, sci-fi and fantasy, and general fanboy/girl stuff, you're sure to love it!

SMAMS Guitar and Ukulele Club

Sponsor(s): Dixon

Fee: \$5. Students will be led through the foundations of playing music individually and collaboratively, as we traverse multiple genres of music. This club will help students build confidence, public speaking, teamwork skills, problem solving, as well as give them an Anthropological appreciation of musical diversity. This club will help students reinforce concepts taught in Science, Mathematics, Choir, Band, and Orchestra. You must have your own instrument.

STEM Garden Club

Sponsor(s): Baker & Musso

Students will design, construct, plant, maintain, and harvest school gardens (raised-bed, native, and hydroponic). We will learn about sustainability, nutrition, local agriculture, careers, and the science of gardening. We will host food tastings and be visited by members of the community. Come grow with us!

Stranger Strings

Sponsor(s): Day & Hunter

This club takes the mystery out of a game where LOVE means zero and ALL means the score is tied. Stranger Strings explains in easy-to-understand language everything you need to know to start playing tennis - serving, scoring, the lines and parts of the tennis court, how to call balls out, and many other helpful tidbits. Whether you're a beginner, an intermediate or an advanced player, improve your game and get more enjoyment from tennis through fun and challenging games. Grab a racket and get ready to play!

The Running Games

Sponsor(s): Ferguson & Calix

The Running Games is a club that promotes health and fitness while having fun. Challenge yourself and your classmates by competing in different running games and contests. Learn how to be a better runner and how running can help you live a happier and healthier life.

Volleyball

Sponsor(s): Eliason

This club will explore movement in and around the volleyball court. We will focus on playing the game with the correct motions and movements. We will learn how to pass, set, and attack a ball, as well as shot placement and various other ways to hit a ball and score points.

Write Your Own Children's Book

Sponsor(s): Harsch

Students will learn about children's literature in order to draft, edit, and publish a children's picture book.

Young Astronauts

Sponsor(s): Matthews

Combining math, science, and the love of space. Completing experiments and projects from NASA. Also, includes field trips.